

175 Rano Street
Buffalo, NY 14207
(716) 228-3996

Takeover Jiu-Jitsu Academy



"We will develop only the strength our environment demands of us."

| Monday | Tuesday | Wednesday | Thursday | Saturday |
|--|--|--|--|--|
| Kids Jiu Jitsu (Level 2) 5pm - 6pm | Kids Jiu Jitsu (6-12) (Level 1) 5pm - 6pm | | Kids Jiu Jitsu (Level 1) 5pm - 6pm | Kids Jiu Jitsu (Level 2) 10:30am - 11:30am |
| | Adult Gi Jiu Jitsu 6pm - 7pm | Kids Jiu Jitsu (Level 2) 6pm - 7pm | Adult Gi Jiu Jitsu 6pm - 7pm | Adult Gi Jiu Jitsu 11:30am - 12:30pm |
| Adult Gi Jiu Jitsu 7pm - 8pm | Adult NoGi Jiu Jitsu 7pm - 8pm | Adult Gi Jiu Jitsu 7pm - 8pm | Adult NoGi Jiu Jitsu 7pm - 8pm | Adult NoGi Jiu Jitsu 12:30pm - 1:30pm |

Start Your Free Trial Now!

No risk, No contracts, and no long-term commitment. Cancel anytime, hassle-free.